



The programs are provided in partnership with Housing Foundation, MMS Group, Community Services Foundation, and Maryland State Department of Education.

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VOL. 1 ISSUE 6 • JUNE 2024

THE CSF MONTHLY AT GLENARDEN WOODS

Official Newsletter of Community Services Foundation



Community Manager

Jewel Morgan

E-Mail: glenardensc@csfnd.org



Acting Site Coordinator

Ra'Khari Watkins

Phone: 301-388-6227

Letter from the Vice President

Written by Shenita Vanish

Happy June to you!



June brings the start of changes in our program schedule. Our programs will be suspended weekdays from June 14th through June 21st. This "break" in programming, will allow staff to spend time in professional development training to better serve you. Please make alternative plans for activities for you and your family members during this time.

We will resume our youth programming on Monday, June 24th at 9am with the start of our FREE summer program. This summer program will include breakfast, lunch, snack, and supper as well as fun activities inside and out of the community center. All youth will be able to make lasting memories in our enriching summer program, while they enjoy creative ways of learning and having fun at the same time! Please make sure that your child is a part of the fun! Registration is offered on a first come first serve basis.



Residents, please also make sure to update your, or your child's, registration form with the center. We want to make sure we have updated information related to emergency contacts, emails, allergies, and authorized pick up for children.

Turn to next page

JUNE EVENTS AT A GLANCE



Center Closed: June 14-21



Open Rec from 11 AM - 6 PM: June 12-13



Summer Program Starts: June 24 at 9 AM

Letter from the Vice President

In-person adult programs will be suspended through August 2nd, but our virtual classes will continue during the summer. Adults who would like to help support our youth programs are encouraged to volunteer for upcoming field trips. Please stop by your community center to complete a volunteer application today!

As a reminder, this summer newsletter is filled with activities that will take place from June through August. We will not distribute newsletters in July or August. Activities that need to be communicated during this time will be completed by flyers. Be sure to keep it available for reference, have an enjoyable summer and remember to reserve your child's space in the Afterschool Program in August!

Stay safe this summer by (1) using sun protection, including sunscreen and wearing appropriate clothing; (2) staying hydrated by drinking plenty of water; (3) never leaving pets or children unattended in a car or home without property ventilation; and (4) knowing the risks and signs of heat exhaustion.

As always, we greatly appreciate the opportunity to serve you.



Community Manager Message

Dear Residents,

We are excited for June as it signifies the beginning of summer and the Summer Enrichment Club at our community centers! Look out for the events we have planned throughout the summer.

The beginning of summer also brings about warmer weather, rainstorms, and the travel bug. Please make sure trash is disposed of appropriately to prevent any pests, close your blinds during the hottest part of the day to keep your home cooler, and June is perfect for planting colorful annuals.



Adult & Senior Education Updates

Written by Tiffani Grier

Please join us for our adult education classes. We have courses on Financial Literacy, Health & Wellness, Career Readiness, Technology, and ESOL!

The Program aligns with federal Family Literacy Services guidelines, focusing on comprehensive and sustainable family changes. It will include:

- Parent literacy training for economic independence (Adult Education like ABE, ASE, or ELA)
- Parent education to empower them as primary educators and partners in their children's schooling
- Interactive literacy activities for parents and children to enjoy together (ILA, PACT activities)



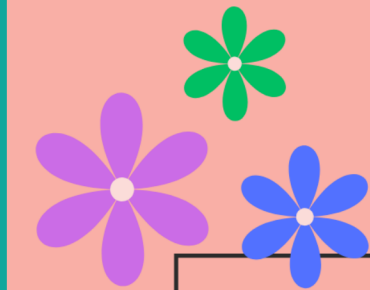
Monday - Thursday
Zoom

Meeting ID: **815 157 8441**

Passcode: **760960**

CSF'S ADULT ED SCHEDULE

	10 A.M. - 11 A.M.	11 A.M. - 12 P.M.	12 P.M. - 1 P.M.		7 P.M. - 8 P.M.
MONDAY	Financial Literacy & Budgeting	Career & Job Readiness	Health & Wellness		ESOL
TUESDAY	Health & Wellness	Technology	Career & Job Readiness		Financial Literacy & Budgeting
WEDNESDAY	Financial Literacy & Budgeting	Career & Job Readiness	Health & Wellness		ESOL
THURSDAY	Health & Wellness	Technology	Career & Job Readiness		Financial Literacy & Budgeting
FRIDAY					



Youth & Teen Education Updates

Written by Tiffani Grier

This month, we are embarking on a journey to meet the educational objectives of the Century 21 grant by learning about the importance of having good mental health and celebrating Asian Pacific Islander Month. During the learning Lab, we offer unique and invaluable educational experiences. By integrating lessons about the importance of having good mental health and learning about Asian Pacific Islander Heritage into the Learning Lab, educators can address multiple objectives related to student potential, academic success, a safe learning environment, and community engagement.



Learning Lab
Zoom Meeting ID:
861 8216 5188
Passcode:
760960

Theme For June: Exploration

- Week One: Careers
- Week Two: Dinosaurs and Prehistoric Animals

Upcoming Events and Activities

Summer camp registration has begun; please register your child today! Get ready for an exciting summer! Our summer camp offers educational activities, outdoor adventures, arts and crafts, and team-building exercises. Below are the weekly themes:

- Animation and Digital Arts/Social Media (6/24-28/2024)
- Gardening and Chemical Changes (7/1-5/2024)
- S. T.E.A.M Week: Natural Disasters (7/8-12/2024)
- Gladiator Week (7/15-19/2024)
- Under the Ocean Blue (7/15-19/2024)
- Week Six: DIY/ Self Care and The Body (7/29-8/2/2024)



**Learning Lab focused
on Asian American &
Pacific Islander
Month and Mental &
Physical Health
Awareness in May**



**May
HIGHLIGHTS**



Health & Wellness

Written by Kayla Brown

June brings many different monthly observances or celebrations, including Alzheimer's and Brain Awareness Month, National PTSD Awareness Month, National Men's Health Month, Caribbean American Heritage Month, and Pride Month. It's important to be proud of your identity and look out for your mental well-being. Self-discovery is a lifelong journey, and it's essential to reflect on our unique identities. We encourage you to journal, share your stories, and embrace your authentic self. Let's create a safe space, practice self-care, and connect with supportive communities.



Remember that seeking help is a sign of strength, and these resources are here to support you:

- **Anywhere**

- National Suicide Prevention Lifeline: A free, confidential crisis hotline available 24/7. Call 1-800-273-TALK (8255)
- Veterans Crisis Line: Call 1-800-273-TALK (8255) and press 1 or text 838255 for veterans.
- Crisis Text Line: Text "HELLO" to 741741 for 24/7 crisis support via text message.
- CVS Health's Here4U Program: virtual peer-support groups led by licensed clinicians
- Drug Rehab Services (DRS): An organization that is available 24/7 and completely confidential, committed to helping individuals and their families across the United States find a drug rehab center to help them overcome addiction and prevent substance use



- **Washington, DC**

- Department of Behavioral Health (DC): Call (202) 442-4100 for general questions, (202) 673-2200 for Adult Services, and (202) 673-9319 for emergency psychiatric services.



- **Maryland**

- Suicide & Crisis Lifeline: Call 988 for assistance with mental health or substance use-related needs.
- Mental Health Association of Maryland: Call (443) 901-1550 to speak to a volunteer.
- The Counseling Center of Maryland (Bethesda, MD): Call (301) 742-2282 for counseling, therapy, and more
- Maryland Department of Health (MDH) Telemental Health Pilot Program: an online program for telehealth health services throughout Maryland



JUNE 2024

Youth & Teen Calendar

MONDAY



TUESDAY



WEDNESDAY

Enroll in our
summer program
starting June 27th!

THURSDAY

FRIDAY

3

Afterschool Club
2-6 PM
Learning Lab
4-5 PM



4

Afterschool Club
2-6 PM
Learning Lab
4-5 PM

5

Afterschool Club
2-6 PM
Learning Lab
4-5 PM



6

Afterschool Club
2-6 PM
Learning Lab
4-5 PM

7

Afterschool Club
2-6 PM
Bring Your Favorite Book



10

Afterschool Club
2-6 PM
Learning Lab
4-5 PM

11

Afterschool Club
2-6 PM
Learning Lab
4-5 PM



12

OPEN REC
11 AM - 6 PM

13

OPEN REC
11 AM - 6 PM

14

CLOSED FOR TRAINING

17

18

19

20

21

CLOSED FOR TRAINING

24

Summer Program
9 AM - 6 PM



25

Summer Program
9 AM - 6 PM

26

Summer Program
9 AM - 6 PM

27

Summer Program
9 AM - 6 PM



28

Summer Program
9 AM - 6 PM

FREE

SUMMER ENRICHMENT CLUB 2024

STEAM EDUCATION | FUN GAMES | MEALS PROVIDED | FIELD TRIPS
NEIGHBORHOOD FRIENDS | EXPLORING NATURE | HEALTH & WELLNESS

OUTDOOR PLAY



**GLENARDEN
WOODS
COMMUNITY
CENTER**

**JUNE 24 -
AUGUST 2
WEEKDAYS
9 AM - 6 PM**

SCIENCE



MEALS
PROVIDED



NATURE



EXERCISE



**AGES 5-12
REGISTRATION IS
FREE
& OPEN UNTIL
JUNE 14
SPACE IS
LIMITED!**

ART PROJECTS



For more information & to register, please contact below:

📍 7941 Johnson Avenue Glenarden, MD 20706
✉ glenardensc@csfnd.org

☎ (301) 388-6227



GRATIS

VERANO ENRIQUECIMIENTO CLUB 2024

**EDUCACIÓN STEAM | COMIDAS PROPORCIONADAS |
AMIGOS DEL VECINDARIO | EXPLORANDO LA NATURALEZA |
EXCURSIONES | JUEGOS DIVERTIDOS | SALUD Y BIENESTAR**

JUEGOS AL AIRE LIBRE



**GLENARDEN
WOODS
CENTRO
COMUNITARIO**

**24 DE JUNIO -
2 DE AGOSTO
DÍAS DE
SEMANA
9 AM - 6 PM**

COMIDAS
PROPORCIONADAS



CIENCIA



NATURALEZA



EJERCICIO



**EDADES 5-12
LA INSCRIPCIÓN
ES GRATIS**

**Y ABIERTO HASTA
EL 14 DE JUNIO
¡EL ESPACIO ES
LIMITADO!**

PROYECTOS DE ARTE



Para obtener más información y registrarse, por favor contacte a continuación:

📍 7941 Johnson Avenue Glenarden, MD 20706

☎ (301) 388-6227

✉ glenardensc@csfnd.org



SUMMER ENRICHMENT CLUB 2024

**APPLY
NOW**

NOW HIRING SUMMER WORKERS

**AGES
17+**

**Positions
available in:**

- Prince George's County
- DC County
- Anne Arundel County
- Montgomery County

**JUNE 24 -
AUGUST 2
WEEKDAYS
9 AM - 6 PM**

**HOUR
LUNCH**

**STEAM
FOCUSED**

**ASSIST
WITH
FIELD
TRIPS**

**WORK
WITH
AGES
5-12**

**POSITIONS
OPEN:**

- INTERN
- SUMMER WORKER
- ASSISTANT SITE COORDINATOR
- SITE COORDINATOR

**To apply or get more information,
please call or send us an email
with your resume.**

 HR@csfnd.org  (301) 925-4251

VERANO ENRIQUECIMIENTO CLUB 2024

**APLICAR
AHORA**

AHORA CONTRATANDO TRABAJADORES DE VERANO

**EDADES
17+**

**HORA DEL
ALMUERZO**

**TRABAJAR
CON
EDADES
5-12**

**Posiciones
disponibles en:**

- Condado de Prince George
- Condado de DC
- Condado de Anne Arundel
- Condado de Montgomery

**24 DE
JUNIO -
2 DE
AGOSTO
DÍAS
SEMANALES
9 A.M. -
6 P.M.**

**STEAM
ENFOCADO**

**AYUDAR
CON LAS
EXCURSIONES**

**POSICIONES
ABIERTAS:**

- INTERNO
- TRABAJADOR DE VERANO
- ASISTENTE DEL COORDINADOR DEL SITIO
- COORDINADOR DEL SITIO

**Para postularse u obtener más
información, llámenos o envíenos un
correo electrónico con su currículum.**

 **HR@csfnd.org**  **(301) 925-4251**